

Let's not wallow in our own grievances

Constantly expressing a general disdain for government is unhealthy because it never solves anything.

For most of my adult life, it seems like it has always been fashionable to blame the government for everything. Where there is injustice, immorality or corruption, you can count on government to be the whipping boy. This dogma is different than the garden-variety scorn that is directed toward specific parties or politicians. Instead, this is a general, unfocused anger directed against the institution of government.

I have always been puzzled by this. Why do so many people hate government? How have we become a self-hating democratic political culture? Then the answers came to me.

First, I believe that people rail against government because they can. It is the safest way to let out anger. Government is often the only authority that people think can't hurt them. That's very different than the workplace and your private home.

INSIDE MAINE



ESSENTIAL OBSERVATIONS

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Can you responsibly let out your anger at work? Probably not. Imagine going up to your boss and honestly speaking your mind. I dare

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